



ITINERARY A ~ VALLICELLE

DISTANCE COVERED: 3,7 km

DURATION: 1h 10'

TOTAL DIFFERENCE IN HEIGHT: 136 m

LEVEL OF DIFFICULTY: MEDIUM

EQUIPMENT: WATER, TREKKING SHOES

Departure from Piazza della Libertà (Liberty square): from the monument in the middle of the square, looking at the church, you turn right following a road that goes down to an arch. You cross the arch and, at the end of the road, you turn right. You are now in a white road that ends with a hill. On the top of this hill, you will find "Via Roma", you go left for 50 m until a crossroads; here, you turn left in "Località Vallicelle". You follow the slope for 300 m until another crossroads where you can see the signal "Il Poggiolo". You go in this direction, the road is paved but when the hill starts, here is again a white road. When you arrive at the crossroads with "La Barca", you turn left and, after 10 m, you turn left again in "Penna Molino" road. You follow this way for 500 m: 10 m before crossing the provincial paved road, you take a small white road that goes left and you arrive under a spiral staircase that will bring you to the viewpoint on the Tiber valley. You enter in the medieval part of the village through "Porta Novella", then you follow the way in front of you keeping the left and you will find yourselves in Saint Valentine square, where you can see the church of Saint Mary of the Snow. Passing through the arch next to the church, you will be again in Piazza della Libertà.



ITINERARY B ~ MARCHEGIANI/PENNA MOLINO

DISTANCE COVERED: 6 km

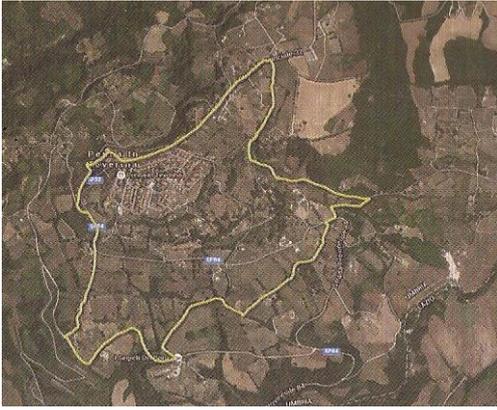
DURATION: 1h 20'

TOTAL DIFFERENCE IN HEIGHT: 196 m

LEVEL OF DIFFICULTY: MEDIUM

EQUIPMENT: WATER, TREKKING SHOES

From Piazza della Libertà (Liberty square), you take "Borgo Garibaldi" and follow this way until the school. Then you go onto the road on the left that goes down and arrives to a hill. You now see on the right side a white road hidden in the woods. You take this road called "Passeggiata del Giardino". Once arrived at the public park, leaving Villa le Morre behind you and the pic-nic area on your left, you follow the white road that ends in a very hard slope. At the end of this, you can see on your left an image of the Holy Virgin of Egypt. You turn right until a big paved bend and you turn right again. You can see now an old fountain (on your left) and, following the street, you cross the provincial road Orte-Penna. You go to the other side of this road (pay attention to the traffic) and you will see a big slope called "Marchegiani" road. Following this way for 20/30 minutes, you will cross again the provincial road Orte-Penna, so you turn left and go down for 50 m (be careful). Now you take the white road "Penna Molino" that will show you an amazing view on the Tiber valley. After 3 km, you will cross the "Barca" road and you keep following the small road on your right. In a few minutes, you will be crossing again the "Penna Molino" road so you continue going up and keeping the left. Taking the staircase, you will find yourselves in the viewpoint called "Porta Novella", and from there you can have a walk through the historical centre of Penna in Teverina, arriving again in Piazza della Libertà.



ITINERARY C ~ CUPA/ORBO

DISTANCE COVERED: 6,7 km

DURATION: 1h 45'

TOTAL DIFFERENCE IN HEIGHT: 169 m

LEVEL OF DIFFICULTY: HIGH

EQUIPMENT: WATER, TREKKING SHOES

Leaving behind you Piazza della Libertà (Liberty square), you go to "Via Roma" that takes you outside the village. After 1 km, you will see on your left a petrol station facing a white road on the opposite side called "Cupa". You follow this white road keeping the right until you cross "Bandita" road. You can see now on your right a small henhouse, you follow the paved road that goes down on the left, called "Madonna della Neve" road. You continue in this direction, you pass a small country church that is on our left until you find a crossroads where you will take the right and you will be taken to the provincial road Orte-Penna. Here you turn right (pay attention to the traffic) and after 150 m you can see on the left a white road called "Orbo". You take this until you cross "Marchegiani" road. Now you continue this way keeping the right for 100 m, then you keep the left in a road that goes down. You go ahead until the crossroads with "Vecchia per Orte" road. You turn left and after 100 m you will be in "Penna Molino" road in front of the country house "I segreti del Borgo". You turn right and, following this direction, you will see a big hill that ends with a bend on the right called "Catafosso". You can now see the provincial road and, turning left, after 200 m, you will take the road on your left called "Penna Molino". In a few metres, you will see a stone staircase, you go up so that you can appreciate the breathtaking view of "Porta Novella". You are in the hearth of the ancient historical centre. You can have a look at the typical medieval constructions and, going out the arch next to the church, you will be again in Piazza della Libertà.



ITINERARY D ~ FOSSO DI GIOVE/PENNA MOLINO/MARCHEGIANI

DISTANCE COVERED: 7 km

DURATION: 1h 50'

TOTAL DIFFERENCE IN HEIGHT: 203 m

LEVEL OF DIFFICULTY: HIGH

EQUIPMENT: WATER, TREKKING SHOES

Departure from Piazza della Libertà (Liberty square): looking at the monumental door of the historical centre, you turn right following a road that goes down on the left under an arch and, after a few steps, you will be in "Fosso di Giove" road; after 300 m, the paved road you are following becomes a white road until you join "Canali" road that ends with a hill. You arrive at the crossroads where you see the signal "Barca", you turn left and, after a few metres, on the right you will be walking through "Penna Molino" road that goes down for 3 km. You can enjoy a wonderful view on the Tiber valley. At the end of "Penna Molino" road, you turn left in the provincial road (be careful to the traffic) and, after a few steps, you turn left in the white road "Marchegiani" that goes on a hill. You go ahead until you cross again the provincial road, you carefully cross it and in front of you there is now a white road called "Muraltello". You continue in this direction, you pass an old fountain on your right and, once arrived at a bend, you keep the right. At the end of this street, you will cross a paved road called "Madonna della Neve". You take this way keeping the left and, leaving the henhouse on your right, you follow the road until you will find a crossroads where you keep the right (the street that goes up). You follow the white road, you pass Villa le Morre (that is on your left) and, at the end of the street, you turn left going down the slope. Then you go ahead on the hill where you will see the school. You continue on the main road called "Borgo Garibaldi" and you will arrive in Piazza della Libertà.



ITINERARY E ~ LA SOLFATARA

DISTANCE COVERED: 7,5 km

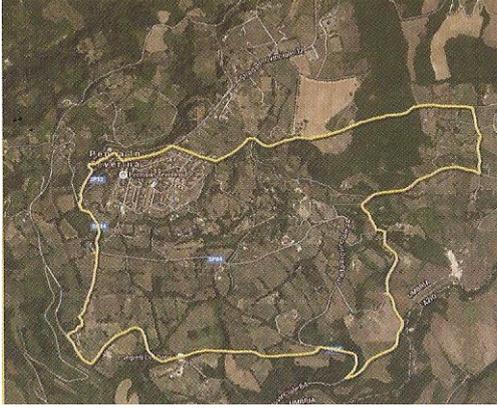
DURATION: 2h 15'

TOTAL DIFFERENCE IN HEIGHT: 238 m

LEVEL OF DIFFICULTY: HIGH

EQUIPMENT: WATER, TREKKING SHOES

From Piazza della Libertà (Liberty square) you take Via dei Gelsi (the road that goes up), you turn around the gym and, at the end of the road, you turn left. You are now in front of the "Giardini all'Italiana" (Italian garden), you go along the garden (leave it on your left) and you arrive at the bbq area. Looking at the white road in front of you, you can see Villa le Morre on the right but you keep the left side where you can see a steep slope hidden in the woods. You take this way until the end where, after 200 m, you can find on your left an image of the Holy Virgin of Egypt. You now take the white road on the right and, when you arrive at a big bend you turn left to a small road that will bring you to a paved road called "Madonna della Neve". Now you turn right and go down, you pass a little country church on your left and you continue going down until a crossroads where you first turn right and, after a very few metres, you turn left to the steep slope "Solfatara". This road ends with a crossroads, you turn left and go along a small river called "Rio Grande" (on the right). After 300 m, you arrive at the Solfatara that is a really suggestive place for tourists because of the natural characteristics of the environment. You can have a look at the water that is good for the skin but be careful to the gas that you are inhaling, it is better not to stay there for a long time, especially for children and small animals. Now you can continue your itinerary. You come back to the road you followed, until the crossroads where you turn left. You will have on your left an area used for religious rituals, you go straight on until you arrive to the provincial road where you turn right and continue for 400 m (pay attention to the traffic). You take a white road called "Penna Molino" that is on your left and, after 800/900 m, you will find on your left the country house "I segreti del Borgo". On the right side, there is a small road that goes up called "Vecchia per Orte", you take this way until the crossroads with the provincial road. Now you turn left and go ahead for 500 m (be careful to the traffic), then you turn left to "Penna Molino" road. After a few metres, you go up keeping the right and you arrive to a stone staircase that ends in a panoramic terrace on the Tiber valley. Here, you pass through the arch of "Porta Novella" and, once arrived at the church, you can leave the historical centre and you will find yourselves in Piazza della Libertà.



ITINERARY F ~ CATAFOSSO

DISTANCE COVERED: 6 km

DURATION: 2h 05'

TOTAL DIFFERENCE IN HEIGHT: 276 m

LEVEL OF DIFFICULTY: HIGH

EQUIPMENT: WATER, TREKKING SHOES

From Piazza della Libertà (Liberty square), you enter in the historical centre of Penna in Teverina and you immediately turn left in "Via Marconi" that ends in a beautiful terrace from where you can have a panoramic view on the Tiber valley. You go down the stone staircase and you turn left following the road that goes down. Now you are arrived in "Penna Molino" road, so you left and you will be in the provincial road (pay attention to the traffic). You go ahead for 200 m until you see on your right the signal "Catafosso", you go down this road. When you cross "Penna Molino" road, you go left and you continue for 2 km, then you will find again the provincial road that you will take to the right for 450 m (be careful to the traffic). Here you follow the signal "Cammino della Luce" on the left that lead you to a crossroads (you can see on your right an area for religious rituals): at the crossroads you turn left and the road starts going up and up ending in another crossroads with "Montecchie" paved road. You turn right and, once at the crossroads, you turn left (even though the signal indicates the right side). You continue on the paved road until the end, then you take "Madonna della Neve" road that will bring you crossing "Via Roma", where you turn left and, after 100 m, you arrive in Piazza della Libertà.